Help Me Grow®
Ottawa

We can help you find **FREE**, low-cost, or tuition-based preschool and in-home options that meet your family's needs.

Connecting • Developing • Thriving

Contact Us Today!

English and Spanish Care Coordinators

844.233.2244 • **hmgOttawa.org**
HelpMeGrow@oaisd.org
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Education Resources from
Pregnancy to Preschool
2018–2019



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Early Childhood Programs

Prenatal to 5 Years Old

Ages and Stages Questionnaire

(Birth—5)

A quick developmental check-up for caregivers interested in checking and tracking their child's development. At home activities are provided with each assessment, as well as connection with a Care Coordinator if needed.

Early Head Start Home-Based

(Prenatal—3)

Weekly visits focus on helping the caregivers enjoy their role as a caregivers, developing skills to promote their child's development, and obtaining available health and social services. (Income Based)

Early On

(Birth—3)

Available to families with children birth to age 3 who have a developmental delay and/or a medical condition that could lead to a delay.

Free developmental evaluations, community connections/information about specialists and supports/services for those who qualify. Services are home-based.

Maternal Infant Health Program

(Prenatal—1)

A team of social workers, nurses, and dietitians provide in-home support to pregnant women, new parents, and families. Support includes prenatal, parenting, child development education, counseling, nutrition information, and other resources for those who qualify.

Parents as Teachers

(Prenatal—5)

Services include monthly or bimonthly home visits focusing on family support, child development, community resource information, and developmental screenings.

Play n Learn Groups

(Birth—5)

Each session is based on a children's book and includes a story, finger plays, creative art experiences, and educational play. Each family will also receive a children's book to take home.

Head Start

Preschool for 3 to 5 Years Old



What is Head Start?

Free, federally funded program for qualifying children.

Services include high-quality preschool education, health screenings, family support, parent education, community resource information, and special needs referrals.

Bus transportation is available for most centers.

In order for your child to qualify for Head Start your family must meet the following income requirements:

Family Size	Gross Income
1	$12,140
2	$16,460
3	$20,780
4	$25,100
5	$29,420
6	$33,740
7	$38,060
8	$42,380

Automatic qualifying factors (pending verification) include:
Foster child, homeless, special needs, receives SSI

Half-Day Center Based Head Start

Offered Monday through Thursday during the school year for children 3 to 5 years old for 3.5 hours.

Circle time, language activities, free play, and small group activities as well as a meal and snack.

Offered at 5 centers in Holland, Grand Haven, Zeeland, and Allendale/Coopersville.

Bus transportation is provided as long as the family is in the designated bus route.

Full-Day Head Start

5 days per week from 6:30 am–5:30 pm, 12 months per year.

For families needing childcare beyond a traditional half-day program.

For working families needing more than 6 hours of childcare per day.

Circle time, language activities, free play, and small group activities as well as a meal and snack.

No transportation is offered for this program.

7-Hour Center Based Head Start

Offered Monday through Thursday during the school year for children 3 to 5 years old.

Circle time, language activities, free play, and small group activities as well as a meal and snack.

Bus transportation is provided as long as the family is in the designated bus route.

For all preschool or **child care** questions, including **preschool scholarship** and **tuition assistance options**, please call Help Me Grow-Ottawa to connect.
1.844.233.2244

Great Start Readiness Program

Preschool for 4 Years Old

What is the Great Start Readiness Program (GSRP)?

State-funded preschool program for children who qualify.

High-quality, developmentally appropriate instruction designed to prepare children for success in school.

Children must be 4 years of age by September 1, 2018.

In order to qualify for GSRP, families must meet the income requirements listed below:

Family Size	Gross Income
1	$30,350
2	$41,150
3	$51,950
4	$62,750
5	$73,550
6	$84,350
7	$95,150
8	$105,950

Special Education

Preschool for 3 to 5 Years Old

What is Special Education?

Serves children 3 to 5 years of age who have a disability as defined by one of the categories of special education under the Individuals with Disabilities Education Act (IDEA).

Preschools are run through local public school districts. Placement by Individualized Education Plan (IEP) team.