SEPTEMBER 2025 | Classes & Groups

POSITIVE OPTIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01	Parenting Without Shame Class 4:00 P.M.	03	Zoom Parenting Without Shame Class 10:30 A.M. (Zoom meeting ID below)	05
08	09	10 Español Conectarse antes de corregir 4:00 P.M.	11	12
Mom Cafe & Shop 10:30 A.M.	Parenting Without Shame Class 4:00 P.M.	17 Breastfeeding Support Group 1:00 -2:00 P.M.	Zoom Parenting Without Shame Class 10:30 A.M. (Zoom meeting ID below)	19
22	23	24 Español Conectarse antes de corregir 4:00 P.M.	25	26 SIGN UP!
	Mom Cafe & Shop: Join us to connect with other moms! Breastfeeding Support Group		Registration is required! Please call this number to register for classes today: (616) 396-5840	

Join us for our Breastfeeding Support Group on the 3rd Wednesday of each month at **1:00 P.M**

Parenting Without Shame Meeting ID: 814 7433 4731 Passcode: 638952

Zoom en Español Meeting ID: 868 6157 9918 Passcode: 591682

Community Classes are for everyone! Bring your friends!